

# Helping You Wear it Right

Wearing Your 3M™ Half Facepiece Reusable Respirator  
6000 Series



Always read and follow User Instructions.

1



Place the respirator over your nose and mouth with bottom straps unfastened.

2



Pull the top strap over your head, placing the head cradle on the crown of your head.

3



Hook the bottom straps together behind your neck.

4



Adjust strap tension to achieve a secure fit. Pull the ends of the straps to adjust the tightness beginning with the adjustment points at the top of the respirator and then moving to the adjustment points at the back of the neck. Do not over-tighten. Strap tension may be decreased by pushing out on back side of buckles.

## Perform a User Seal Check

Before assigning any respirator to be worn in a contaminated area, a qualitative or quantitative fit test must be performed per U.S. OSHA standard 29CFR 1910.134 or local requirements.

### Positive Pressure User Seal Check



Place the palm of your hand over the exhalation valve cover and *exhale gently*. The facepiece should bulge slightly. If air leaks between the face and the facepiece of the respirator, reposition it and adjust the straps for a more secure seal.\*

### Negative Pressure User Seal Check



#### Using Particulate Filters

Place your thumbs over the center of the filters and *inhale gently*. The facepiece should collapse slightly. If air leaks between the face and the facepiece of the respirator, reposition it and adjust the straps for a more secure seal.\*



#### Using Cartridges

Place the palms of your hands over the cartridges and *inhale gently*. The facepiece should collapse slightly. If air leaks between the face and the facepiece of the respirator, reposition it and adjust the straps for a more secure seal.\*



#### Using Hard Case Particulate Filters

Squeeze filter covers with hands toward facepiece to restrict airflow. Be careful not to disturb the position of the respirator. *Inhale gently*. The facepiece should collapse slightly. If air leaks between the face and the facepiece, reposition it and adjust the straps for a tighter seal.\*

\*If you cannot achieve a proper seal, do not enter contaminated area. See your supervisor.

For more information, please visit [www.limkimhai.com.sg/3m-reusable-respirators/](http://www.limkimhai.com.sg/3m-reusable-respirators/)

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### ⚠ WARNING

These respirators help protect against certain airborne contaminants. Before use, the wearer must read and understand the User Instructions provided as a part of the product packaging. A written respiratory protection program must be implemented meeting all the requirements of OSHA 1910.134 including training, fit testing and medical evaluation. In Canada, CSA standards Z94.4 requirements must be met and/or requirements of the applicable jurisdiction, as appropriate. **Misuse may result in sickness or death.** For correct use, see supervisor and User Instructions, or call 3M PSD Technical Service in USA at 1-800-243-4630 and in Canada at 1-800-267-4414.